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HOT SPICED TEA
(Courtesy of the National Honey Board)

INGREDIENTS:

4 cups freshly brewed tea
1/4 cup Dutch Gold Blueberry honey
4 cinnamon sticks
4 whole cloves
4 lemon or orange slices (optional)

DIRECTIONS:

Combine tea, honey, cinnamon sticks and cloves in large saucepan; simmer 5 minutes. Serve hot. Garnish with lemon slices, if desired.