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AQUA DE LIMON (LIME) DRINK

(Courtesy of the National Honey Board)

INGREDIENTS:

For each serving:

1 cup water

1 lime

1-1/2 tbsp. Dutch Gold Clover honey

DIRECTIONS:

Peel a little less than half the rind off each lime. Cut the limes in quarters and put them in the blender with all of the water and Dutch Gold Clover honey. Blend on high setting for five seconds; longer blending will result in bitterness rather than the sweet-and-tart flavor the drink should have. The lime wedges will still be chunky. Pour the contents of the blender through a strainer into a serving pitcher or individual glasses with ice