



## HEARTY HAM & WAFFLE SANDWICH WITH HONEY APPLE SYRUP

(Courtesy of the National Honey Board)

### INGREDIENTS:

3/4 cup Dutch Gold Alfalfa honey  
1/4 cup apple juice  
2 tbsp. butter or margarine  
2 crisp red apples, cored and sliced  
8 frozen waffles, toasted  
8 slices deli-style ham

### DIRECTIONS:

In small saucepan, combine 1/2 cup Dutch Gold Alfalfa honey and apple juice. Stir over medium heat until heated through. Set aside and keep warm. In large skillet, melt butter with remaining 1/4 cup Dutch Gold Alfalfa honey. Add apples; cook and stir for

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about 4 minutes, or until apple slices are lightly caramelized and crisp-tender. To assemble, place on waffle on each serving plate. Top each with two ham slices and another waffle. Top each sandwich with apple slices and syrup.

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